





Introduction to Umpiring

Yeovil & Sherborne Hockey Club

Umpiring on the Club Website



Yeovil & Sherborne Hockey Club

“Umpiring”
dropdown



Home COVID-19 Club Info Junior Hockey Junior Teams Senior Hockey Senior Teams **Umpiring** Gallery Awards Social Events

Welcome

Upcoming Matches (Next 7 Days)

“Umpiring
Training”

Home COVID-19 Club Info Junior Hockey Junior Teams Senior Hockey Senior Teams **Umpiring** Gallery Awards Social Events

Welcome

PLEASE CHECK COVID-19 INFORMATION VIA MENU/DROPDOWNS ABOVE

VISITING TEAMS: [Please click on this link for more information](#)

HOCKEY'S BACK!
HERE'S WHAT TO REMEMBER

- AT HOME**
WASH & PLAYERS AGREEMENT (ONLY THE 1ST TIME YOU PLAY)
- OUTSIDE OF HOME**
FOLLOW THE GOVERNMENT TRAVEL ADVICE
CHECK IN WITH YOUR ORGANISER FOR TRACK & TRACE PURPOSES
- ON THE PITCH**
PLEASE BE READY TO RETURN TO PLAY IMMEDIATELY
SOCIAL DISTANCING RULES CAN ONLY BE BROKEN WHEN THE BALL IS IN PLAY
- OFF THE PITCH**
FOLLOW GOVERNMENT GUIDANCE
IF YOU NEED TO TRAVEL TOGETHER

We are which r...
and a st...
Junior s...
players

COVID-19: Umpires

Umpiring Appointments

Umpiring at 10:00

Umpire Training

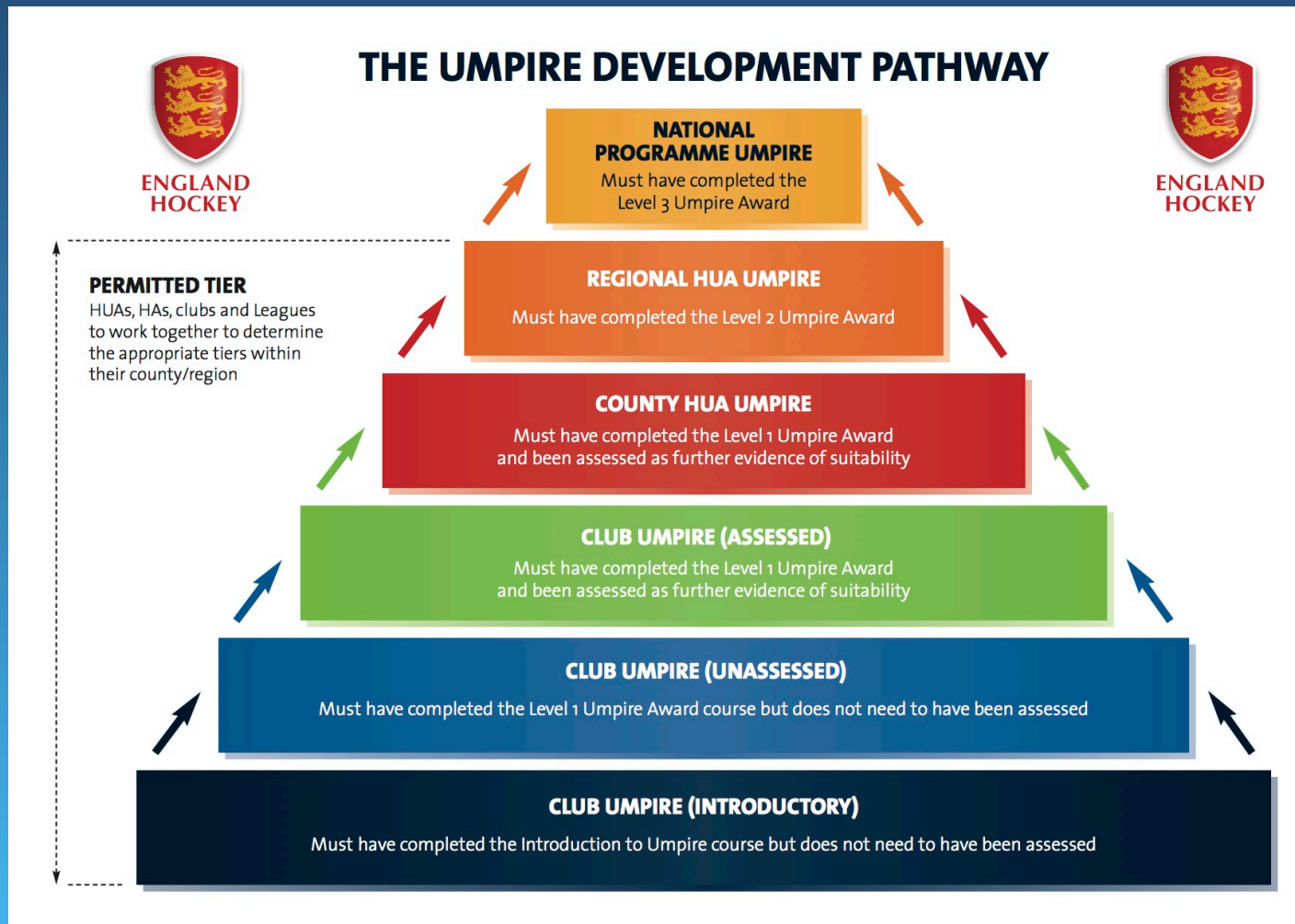
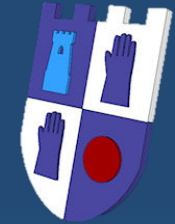
Hockey Explained

Rules of Hockey

Upcoming Matches (Next 7 Days)

- A XI plays East Devon B at St Lukes School Dec 2020 at (in 2 days and 02:30 hours.)
- 4th XI plays Taunton Vale 5 at Taunton Vale Sp Dec 2020 at 10:00 (in 2 days and 12:30 hours.)
- 1st XI plays Shepton Mallet at YRC Artificial Pit Dec 2020 at 12:00 (in 2 days and 14:30 hours.)
- B XI plays Sidmouth & Ottery C at YRC Artificial Dec 2020 at 14:00 (in 2 days and 16:30 hours.)

Umpiring Development Pathway



Umpiring Development Pathway



- Register for Level 1 course
- Complete on-line rules test
- EH Level 1 Course On-line (£30.00)
 - Up to 6 courses per month
 - Club will reimburse cost if and when you umpire for the Club
- Organise practice matches
 - With experienced umpire and/or umpire coach
- Level 1 Assessment

**On-line Level 1 course
during COVID**

FIH Rules of Hockey



INSIDE FIH

RULES OF HOCKEY

OUR OFFICIAL DOCUMENTS // RULES OF HOCKEY

As the international governing body for hockey, we are responsible for the rules of Outdoor Hockey (11 a-side), Indoor Hockey, Hockey5s, Beach and Para-ID Hockey. Below you can download the rules for each format of the game.

Outdoor Hockey (11 a-side)
Get the interactive FIH Rules of Hockey App now! At the convenience of the touch of a button, you can be sure to have the latest rules of Outdoor Hockey on-the-go. Covering the must-know for both players and umpires including a Quiz feature and Videos.

AVAILABLE ON

We update our rulebook every two years so it's worth checking you have the latest version. The 2019 edition of the rulebook, which comes into effect on January 1st 2019, is available below, along with the previous 2017, 2015 version and amendment from February 16th 2016.

[Download FIH Rules of Hockey 2019 \(657.7 KB\)](#)

[Download FIH Rules of Hockey 2017.pdf \(584.0 KB\)](#) [Download Hand Protection Measuring Box.pdf \(75.2 KB\)](#)

[Download Rules of Hockey 2015 \(527.8 KB\)](#) [Download Rules of Hockey 2015 - Adjustment to Rule 13.2 as at 16 February 2016 \(126.5 KB\)](#)

Indoor Hockey
As with the Outdoor Rules, we normally update our Indoor Hockey rulebook every two years and changes made within this period are published separately below. The 2016 edition of the rulebook, which came into effect on January 1st 2016, is as below; as is the 2017 edition, which comes into effect on January 1st 2017 for International Hockey, although Continental Federations and National Associations may, if they wish, implement the changes sooner for matches within their jurisdiction.

[Download Rules of Indoor Hockey 2017.pdf \(2669.7 KB\)](#) [Download Rules of Indoor Hockey 2016 \(642.1 KB\)](#)

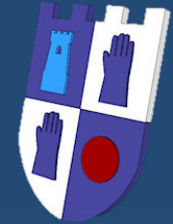
Hockey5s
Hockey5s was created for the Youth Olympic Games in Nanjing and has been hailed a great success. The current rules are available below along with guidelines for umpires on this new format. FIH is committed to evolving Hockey5s into a sport that young people love watching and playing so watch this space!

- Go to “*FIH Rules of Hockey*” from “*Links*” on Club website home page

- Or go to “*FIH Rules of Hockey*” link at <http://yshc.co.uk/umpiring>



On-line England Hockey Resources



- Go to “*England Hockey - ‘Hockey Hub’*” from “*Links*” on Club website home page
 - Rules of hockey
 - Test/quiz (which is a prerequisite for the Level 1 course)
 - You’re the umpire
 - Umpire development modules

Avon & Somerset Hockey
Umpires Association

West Hockey

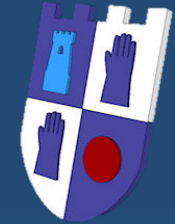
England Hockey

England Hockey - 'Hockey
Hub'

England Hockey - 'Find A
Course'

FIH Rules Of Hockey

On-line England Hockey Resources



hockey hub
ENGLAND HOCKEY'S ONLINE TRAINING HUB

Home | Resources | Officiating | Coaches | Teachers | Safeguarding / Welfare | Site Map | Log in

Who are you?
We offer a range of learning resources for all hockey stakeholders.

- Umpire**
Develop your umpiring skills through online learning
- Coach**
A range of resources to help you improve as a coach
- Teacher**
Helping you to place hockey at the heart of physical education

Follow Hockey Hub on Twitter
@Coachandinspire

- #ThinkingThursday A key principle of successful practice design is repetition without repetition. "Solve problems..."
<https://t.co/amHSSo8rll>
5 hours ago
- #WednesdayWisdom In sport and in life, everyone's mental health matters.
#PositiveMentalHealth...
<https://t.co/CbTVoCX1mj>
1 day ago
- Meet the school with no classes, no classrooms & no curriculum
#Environment
<https://t.co/2mSKo3oB5>
<https://t.co/HDndWHO2>
2 days ago

What would you like to learn about?
Our online learning is organised into a range of programmes designed to target specific areas of knowledge. Select a resource and the resources will be shown below.

- School Coaching**
Coaches play a vital role in delivering fun, engaging and developmental sessions for children
- Club Coaching**
Coaches are the critical factor in enhancing every player's playing experience within a club environment.
- Talent Coaching**
To allow best practice to become common practice, from early talent development to sub-senior context across GB
- Officiating**
Officiating is a great way to be involved in hockey. It gives you the opportunity to give something back to the sport you love, whilst also helping to widen participation.

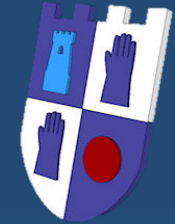
You're The Umpire
Put yourself in the Umpire's shoes - what would you do?

Club Umpire Developer Training
The role of a developer is essential to help support and develop umpires at this level in order to benefit the playing experience and to aid retention of volunteers who umpire for your club on a weekend.

Quicksticks
An introductory game of hockey for 7 to 11 year olds

On the Hockey Hub home page click on "Umpiring"

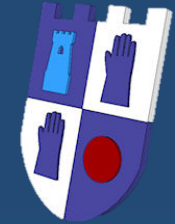
On-line England Hockey Resources



- “Rules of hockey”
- Test/quiz (which are a prerequisite for the Level 1 course)
- “You’re the umpire”
- “Umpire Development Modules”

The screenshot shows the 'hockey hub' website for England Hockey. The header includes the England Hockey logo and the text 'ENGLAND HOCKEY'S ONLINE TRAINING HUB'. A navigation bar contains links for Home, Resources, Officiating, Coaches, Teachers, Safeguarding/Welfare, and Site Map. The main content area is titled 'Welcome to officiating landing page' and features several resource cards. The 'Rules of Hockey' card includes a 'Learn the Rules' section with an online exam. The 'You're The Umpire' card includes a 'Put yourself in the Umpire's shoes' section with a quiz. The 'Umpire Development Modules' card includes a selection of short modules to help improve umpires at all levels. The 'Club Umpire Developer Training' card includes a section on the role of a developer. The 'Technical Officials' card includes a selection of guidance videos aimed at helping technical officials carry out duties during a tournament. The 'Safeguarding Awareness' card includes a section on ensuring young people enjoy hockey in a safe and enjoyable environment. The 'NPUA Video Store' card includes a section on accessing the video store here. The 'Follow Hockey Hub on Twitter' section includes three tweets: '#ThinkingThursday A key principle of successful practice design is repetition without repetition. "Solve problems..."', '#WednesdayWisdom In sport and in life, everyone's mental health matters. #PositiveMentalHealth...', and 'Meet the school with no classes, no classrooms & no curriculum... #Environment...'

On-line England Hockey Resources



The screenshot shows the 'hockey hub' website. At the top left is the England Hockey logo. The main header reads 'hockey hub' and 'ENGLAND HOCKEY'S ONLINE TRAINING HUB'. A search bar is located at the top right. Below the header is a navigation menu with links: Home, Resources, Officiating, Coaches, Teachers, Safeguarding / Welfare, Site Map, Log in, and Register. The main content area is titled 'Hockey Hub Login' and contains two input fields for 'Email' and 'Password'. Below these fields is a red 'LOG IN' button. There are also links for 'Forgotten your password? Reset it here.', 'No account? Register here.', and 'Need help? Email us'. At the bottom, there is a section titled 'Follow Hockey Hub on Twitter @Coachandinspire' with three tweet cards. The first tweet is from #ThinkingThursday, the second from #WednesdayWisdom, and the third from #Environment.

- Before you can access any of the umpiring pages you need to log-in or register

On-line England Hockey Resources



The screenshot shows the 'hockey hub' website, which is England Hockey's Online Training Hub. The page is titled 'RULES OF HOCKEY' and 'Course home page'. It features a search bar and a navigation menu with links to Home, Resources, Officiating, Coaches, Teachers, Safeguarding / Welfare, and Site Map. The main content area is divided into 'Content' and 'Questions' tabs. The 'Field of play' section is currently selected, displaying a simplified description of the field and a list of 19 numbered points detailing the field's dimensions, markings, and equipment. The page also includes a sidebar with a search bar and a list of topics under 'TERMINOLOGY', 'PLAYING THE GAME', 'UMPIRING', and 'FIELD & EQUIPMENT SPECIFICATIONS'. At the bottom, there are social media links for Twitter and a section for 'Follow Hockey Hub on Twitter @Coachandinspire' with three tweets.

ENGLAND HOCKEY **hockey hub** ENGLAND HOCKEY'S ONLINE TRAINING HUB

Home Resources Officiating Coaches Teachers Safeguarding / Welfare Site Map B Izard

RULES OF HOCKEY
Course home page

Search the Rules... SEARCH

TERMINOLOGY

PLAYING THE GAME

- Field of play
- Composition of teams
- Captains
- Players' clothing and equipment
- Match and result
- Start and re-start the match
- Ball outside the field
- Method of scoring
- Conduct of play: players
- Conduct of play: umpires
- Goalkeepers and players with goalkeeping privileges
- Penalties
- Procedures for taking penalties
- Personal penalties

UMPIRING

- Objectives
- Applying the rules
- Umpiring skills
- Umpiring signals

FIELD & EQUIPMENT SPECIFICATIONS

- Field and field equipment
- Stick
- Ball
- Goalkeeper's equipment

Content Questions

Field of play

The information below provides a simplified description of the field of play.

Detailed specifications of the field and equipment are provided in a separate section at the end of these Rules.

- The field of play is rectangular, 91.40 metres long and 55.00 metres wide.
- Side-lines mark the longer perimeters of the field; backlines mark the shorter perimeters of the field.
- The goal-lines are the parts of the back-lines between the goal-posts.
- A centre-line is marked across the middle of the field.
- Lines known as 23 metres lines are marked across the field 22.90 metres from each back-line.
- Areas referred to as the circles are marked inside the field around the goals and opposite the centres of the backlines.
- Penalty spots 150 mm in diameter are marked in front of the centre of each goal with the centre of each spot 6.40 metres from the inner edge of the goal-line.
- All lines are 75 mm wide and are part of the field of play.
- Flag-posts between 1.20 and 1.50 metres in height are placed at each corner of the field.
- Goals are positioned outside the field of play at the centre of and touching each back-line. No equipment or items, such as helmets, face masks, hand protectors, towels, water bottles etc. may be placed inside the goals.

Previous section Next section

Take questions on this section

Follow Hockey Hub on Twitter @Coachandinspire

#ThinkingThursday A key principle of successful practice design is repetition without repetition. "Solve problems... <https://t.co/vmHSSo8rIt> 5 hours ago

#WednesdayWisdom In sport and in life, everyone's mental health matters. #PositiveMentalHealth... <https://t.co/CsTVoCX1rnj> 1 day ago

Meet the school with no classes, no classrooms & no curriculum 🤖 #Environment <https://t.co/2mSkGJhoB5> <https://t.co/H0IndWHO2f> 2 days ago

- Read through the learning material and then ...

On-line England Hockey Resources



.... complete the rule test

- Multiple choice
- Repeat until you attain the pass mark!

The screenshot displays the 'hockey hub' website interface. The top navigation bar includes 'Home', 'Resources', 'Officiating', 'Coaches', 'Teachers', 'Safeguarding / Welfare', and 'Site Map'. The main content area is titled 'RULES OF HOCKEY' and features a search bar and a list of categories: 'TERMINOLOGY', 'PLAYING THE GAME', 'UMPIRING', and 'FIELD & EQUIPMENT SPECIFICATIONS'. The 'PLAYING THE GAME' category is expanded, showing a list of 14 sub-topics. The 'Field of play' sub-topic is selected, and the 'Questions' tab is active. The test results show two questions, both marked as correct with green checkmarks. The first question asks about penalty spot distances, and the second asks about flag-post placement. The bottom of the page features social media links for Twitter (@Coachandinspire) and three tweet snippets.

ENGLAND HOCKEY HUB

Home Resources Officiating Coaches Teachers Safeguarding / Welfare Site Map B I zard

RULES OF HOCKEY
Course home page

Search the Rules... SEARCH

TERMINOLOGY

PLAYING THE GAME

- Field of play
- Composition of teams
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UMPIRING

- Objectives
- Applying the rules
- Umpiring skills
- Umpiring signals

FIELD & EQUIPMENT SPECIFICATIONS

- Field and field equipment
- Stick
- Ball
- Goalkeeper's equipment

Content Questions

Field of play

Congratulations, you have completed this course.
Download your certificate | Reset test

1. The penalty spots should be marked in front of the centre of each goal with the centre of each spot how far away from the inner edge of the goal-line?

- 3.40 metres
- 4.40 metres
- 5.40 metres
- 6.40 metres

2. Where should flag-posts be placed on the field of play?

- At 10 metre intervals along each side-line
- On the centre-line at either side of the pitch
- At each corner of the field
- Flag-posts are not needed

Follow Hockey Hub on Twitter @Coachandinspire

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#WednesdayWisdom In sport and in life, everyone's mental health matters. #PositiveMentalHealth. <https://t.co/CbTVoCX1mj> 1 day ago

Meet the school with no classes, no classrooms & no curriculum 🤖👍 #Environment <https://t.co/2mSKgJboB5> <https://t.co/H0IndWHO2f> 2 days ago



Register for the Level 1 Course

- The Club will arrange for a Level 1 course to be held in November/December in Sherburne in September/October.

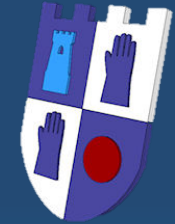
On-line Level 1 course during COVID

- You can complete the on-line rules test at anytime, but you must do it before attend the Level 1 course.



- Click on “*Find a course*” on the “*Officiating*” Drop-down Menu

Register for the Level 1 Course



- Select the course you wish to attend and complete your application.

- You can attend any course, but the Club will host one in September/October.

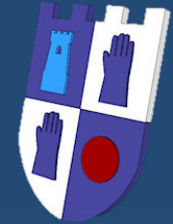
On-line Level 1 course during COVID

- Remember to complete the on-line rules test beforehand

The screenshot shows the 'hockey hub' website for England Hockey's Online Training Hub. The main navigation includes Home, Resources, Officiating, Coaches, Teachers, Safeguarding / Welfare, and Site Map. The 'EVENTS' section is active, displaying a list of 6 events. A red arrow points from the first bullet point in the text to the 'EVENTS' section.

Date	Course Name	Club	Status
19th May 2019	Umpire Level 1 Course	Belper HC	Bookings closed
19th May 2019	Umpire Level 1 Course	Clifton Robinsons HC	Bookings closed
19th May 2019	Umpire Level 1 Course	North Somerset HC	Bookings closed
27th May 2019	Umpire Level 1 Course	Bicester HC	This course is fully booked Waiting list available
16th June 2019	Umpire Level 1 Course	Crostyx HC	

Level 1 Assessment



- The Club's Level 1 Umpiring Coaches can carry-out Level 1 assessments.
- However, all un-assessed Level 1 candidates must complete 3 full 11-a-side matches, usually with a qualified, experienced umpire.
 - Coaching can provide during these matches.
 - Once you have completed a Level 1 course inform the Club's Umpiring Officer or one of the Level 1 Umpiring Coaches to arrange.
- When you are considered ready, you will be assessed.

